

Instructions



Target time:
Champion:

- Repeat this activity daily until you achieve **100% in the target time on 2 consecutive days (minimum 3 tries)**.
- The goal is to answer the questions **quickly** and **correctly**.
 - When you achieve fluency, it will require very little mental effort.

Step 1: Set a stopwatch to time yourself.

Step 2: Answer all questions on lined paper in **timed conditions**.

- Guess if you don't know the answer.

Step 2: **Check your answers** using the solutions on the reverse of this page.

Step 3: Fill in one of the marking columns below (enter the date in the heading).

Step 4: Use the solutions to **correct any mistakes**.

Week:

AS Cards:	
Extra Cards Practised:	



Target time:
Champion:

Date:								
Time taken:								
Score:								

Week:

AS Cards:	
A2 Cards:	
Extra Cards Practised:	



Target time:
Champion:

Date:								
Time taken:								
Score:								

Week: _____

AS Cards:	
A2 Cards:	
Extra Cards Practised:	



Target time:
Champion:

Date:								
Time taken:								
Score:								

Week: _____

AS Cards:	
A2 Cards:	
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Target time:
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Target time:
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